

Seder night: The Pathway to Ultimate Redemption

Dedicated for the elevation of the soul of Mendel ben Mendel and Mindel Leah Bas Chaim Shlomo A"H

No matter what your challenge, or the struggle of someone around you, on the nights of Passover a door can open in your life leading to a totally new future (even if it's been 210 years of constriction of mind and body).

How?

Think about one thing that you yearn for more than anything. Would G-d want this for you as well? You can have this prayer in mind during any blessing said at the seder from the Kidush until the last cup of wine. Try to verbally express this sincere yearning to G-d at some point before the last cup. In addition, the following intentions can bring you closer to **your** personal redemption and the Jewish people to our ultimate redemption.

1. Matza-

Matza is just flour and water. Nothing else mixed in. It represents your exalted soul which has total clarity about G-d's perfect plan. Your soul only wants to do the right thing, wants to live out G-d's incredible plan for your life and yearns to be in a close relationship with G-d. When eating the matza, you can have in mind:

More than anything, I yearn to live as a soul, I want to do what's right, I want total clarity, no confusion! I want to see myself as You see me, infinitely worthy and beloved. I want to live the exalted vision You have for me, G-d and draw close to You. I know I don't need to know how- You have infinite ways to get me there! I'm just YEARNING TO BE SOUL DRIVEN in my life from this point on!

2. Maror- (bitter herbs)-

Maror is a reminder that even though it's easy to get pulled by your lower drives, get confused about what is actually the right thing to do and end up doing things like beating yourself up, losing your temper, letting feelings of anxiety or despair about your circumstances overtake you; or have that ice cream at 12am, you end up feeling horrible afterwards. Letting yourself be driven by lower messages is bitter. When you eat the maror, you can have this in mind:

I recognize that at times I let my lower self confuse me and take over my life and I see that living as a lower self is BITTER. I don't want it. It takes me away from living the life I truly yearn for. Please help me rise above it, again and again. I don't know exactly how- I trust You will guide me.

3. Korech- (Matza-Maror-Matza sandwich)-

This sandwich is the opportunity to ask Hashem to embrace your entire “package” (your lower voices, your exalted soul and all your life circumstances) as the perfect combination to fulfill G-d's amazing vision for you and thereby fulfill your mission and draw closer to Him, which is our ultimate purpose in this world.

Help me realize more deeply that in Your eyes I am always beloved, possessing infinite worth, I am Your exalted and precious child and You are with me forever. Every aspect of my life is exactly what I need to fulfill my important and totally unique mission. This understanding will help me see my lower self voices and my struggles for what they really are- the perfect training and development program wired into my life by the Ultimate loving Coach. Help me understand how to use my entire package to fulfill my purpose in the best way. I don't know how, I just know You, G-d, can help me

Written by Tziporah Harris - Redemption Coach.

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